

# Hospice UK's Educational resources and publications

Publications on Hospice UK website - <a href="https://www.hospiceuk.org/what-we-offer/publications">https://www.hospiceuk.org/what-we-offer/publications</a>

## **Public**

• Caring to the end: help and support when your partner, relative or friend goes into hospital, and may be approaching the end of their life.

http://endoflifecareambitions.org.uk/wp-content/uploads/2016/09/caring\_to\_the\_end\_carers\_booklet.pdf (New edition in train)

• What is hospice care? Hospice UK publication. (New edition in train)

https://www.hospiceuk.org/about-hospice-care/what-is-hospice-care

# **Dying Matters**

Website: https://www.dyingmatters.org/

**Someone you know is bereaved:** This leaflets give practical advice on how to offer support to a friend or an acquaintance who has recently been bereaved.

https://www.dyingmatters.org/sites/default/files/user/images/Resources/Promo%20materials/Leaflet\_4\_Web.pdf

**Myth busting:** Getting the facts right about death and dying.

https://www.dyingmatters.org/sites/default/files/user/images/Resources/Promo%20materials/Leaflet10WEB.pdf

'What to expect when someone important to you is dying' leaflet (small fee)

https://shop.hospiceuk.org/search?q=what+to+expect

Planning for your future care – a guide leaflet (small fee)

https://shop.hospiceuk.org/search?q=Planning+for+your+future+care+%E2%80%93+a+guide

# Hospice UK website info

Information that is found on the Hospice UK website

What to expect when someone important to you is dying (website info)

https://www.hospiceuk.org/what-we-offer/clinical-and-care-support/what-to-expect

Find a hospice

https://www.hospiceuk.org/about-hospice-care/find-a-hospice

Caroline's story

https://voutu.be/AGnn5YVQzic

### What is hospice care

https://www.hospiceuk.org/about-hospice-care/what-is-hospice-care

The picture below shows what can be accessed from this web page.

What services are on offer?



Each hospice will offer a unique range of services >

Where is it provided?



The majority of care is provided outside of hospices.

Where is my local hospice?

Who can get hospice care?



Hospices help adults and children >



A guide to getting hospice care

Use our Find a Hospice directory >

Getting the most out of it



You are at the centre of decisions about your care >

A step-by-step guide to getting hospice care >

Hospice care booklet

## Miscellaeneous

Planning for your future care - a guide

https://www.nhs.uk/livewell/endoflifecare/documents/planning\_your\_future\_care%5B1%5D.pdf

# Professional/public

Care Committed to Me

Delivering high quality, personalised palliative and end of life care for Gypsies and Travellers, LGBT people and people experiencing homelessness.

Achieving excellent end of life care locally

How can the public work with Sustainability and Transformation Partnerships to achieve excellent end of life care locally?

Inside Palliative Care (August 2017 issue)

Magazine covering the latest news in palliative and end of life care.

#### **Webinars**

Resilience in the workforce

The most important asset we have to enable high quality care is our workforce, both staff and volunteers, and responsible hospice leaders acknowledge this.

https://www.hospiceuk.org/what-we-offer/workforce-and-hr-support/developing-the-hospice-workforce/resilience-in-the-workforce

# **Plays**

## **Educational Plays**

https://www.hospiceuk.org/what-we-offer/courses-conferences-and-learning-events/educational-plays

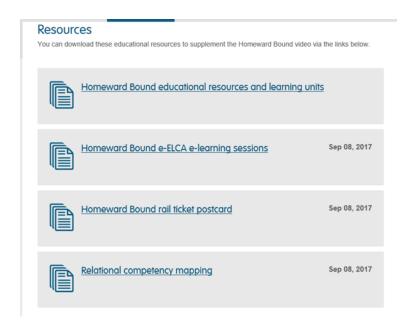
#### Homeward Bound

It tells the true story of Lesley and her husband Seth Goodburn. At 49 years old, Seth was diagnosed with pancreatic cancer following a short history of feeling unwell. He died just 33 days after diagnosis. <a href="https://www.hospiceuk.org/what-we-offer/courses-conferences-and-learning-events/educational-plays/homeward-bound">https://www.hospiceuk.org/what-we-offer/courses-conferences-and-learning-events/educational-plays/homeward-bound</a>

#### Homeward Bound - Educational resources

https://www.hospiceuk.org/what-we-offer/courses-conferences-and-learning-events/educational-plays/homeward-bound/educational-resources

The End of Life Care Core Skills Education and Training Framework was released in 2017 and is available to download via the Skills for Health website. This framework has formed the basis of the training package.



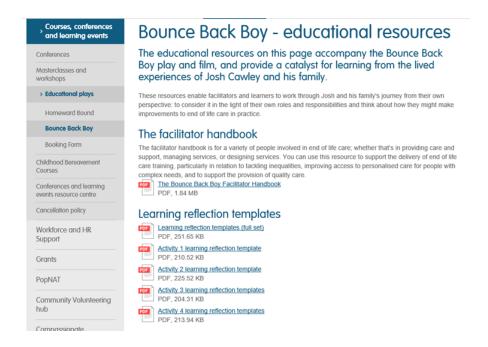
## Bounce Back Boy

Josh Cawley was 22 when he finally died from the catastrophic injuries his birth parents inflicted on him. These resulted in his inability to speak or to move from his wheelchair. It didn't dampen his positive and cheeky spirit.

https://www.hospiceuk.org/what-we-offer/courses-conferences-and-learning-events/educational-plays/bounce-back-boy

## **Bounce Back Boy resources**

https://www.hospiceuk.org/what-we-offer/courses-conferences-and-learning-events/educational-plays/bounce-back-boy/educational-resources



# **Professional**

• Caring for carers: how to involve and support the family and friends of patients who are approaching the end of their lives in hospital.

http://endoflifecareambitions.org.uk/wp-content/uploads/2016/09/caring\_for\_carers\_staff\_booklet.pdf (New edition in train)

 3rd Edition of Care After Death: Registered Nurse Verification of Expected Adult Death (RNVoEAD) guidance

This 3rd edition brings the guidance in line with other national guidance and makes clear where there is difference.

Community Development Toolkit - July 2019

Hospice UK has produced a community development toolkit to support care providers creating programmes in this area.

Hospice enabled dementia care – the first steps

A guide to help hospices establish care for people with dementia, their families and carers.

Heart failure and hospice care

This guide is intended for people providing and commissioning hospice services. Its purpose is to raise awareness of the need for a hospice-enabled approach to heart failure, and to suggest ways to engage with this issue using examples from services, which have found creative solutions to move forward and overcome the challenges.

 Fresh eyes approach - A walk-through to improve people's experience of care in the last months of life in acute hospitals

This report summarises our learning from our 'fresh eyes' walkthroughs of 12 acute hospital trusts, a key component of the programme's approach to consider the patient, family and/or carers' experiences by walking through a potential journey.

 Fresh eyes report - Caring to the end: shining a spotlight on bereavement and mortuary services

This report summarises Hospice UK's learning from our 'fresh eyes' walkthroughs of bereavement centres and mortuary services in 12 acute hospital trusts across England, taking part in two end of life care hospital improvement programmes supplemented with an analysis of mortality data.

Difficult Conversations for Young Adults

This guide was developed in response to a gap in health professionals' skills in having difficult conversations with the growing number of young adults with life-limiting conditions who come in to their care. This gap was one of the findings of the STEPP research project (a project which looked at examples of positive practice in transition to adult health settings for young adults with life-limiting conditions). It aims to support professionals to improve quality of life and provide peace of mind for young people and their families, by sharing insights from young people themselves and their families about discussing the end of life. The guide describes feelings they experience when having conversations on this sensitive subject and gives ideas about how to approach it. It also aims to be a useful prompt that young people can use to broach the subject of end of life planning with family, friends and professionals.

 Rehabilitative palliative care: enabling people to live fully until they die – A challenge for the 21st century

This publication provides evidence of the benefits and effectiveness of rehabilitative palliative care, and includes guidance and tools to support its implementation. Authors: Rebecca Tiberini, Specialist Palliative Care Physiotherapist, St Joseph's Hospice and Heather Richardson, Joint Chief Executive, St Christopher's Hospice, RMN/RGN

Helping people to remember - Memorialisation

This booklet aims to encourage hospices, hospitals and care homes which are supporting people at the end of life and families into bereavement, to think about how both formal and informal opportunities to remember those who have died under their care can be part of the meaning-seeking and meaning-taking processes.

• Resilience: A framework supporting hospice staff to flourish in stressful times

The framework provides guidance on interventions from board level to the individual for building a resilient and flourishing hospice workforce

• Widening access through nurse leadership - Guidance and resources

This publication draws together the learning from a highly successful programme, funded by the Burdett Trust for Nursing, managed by Hospice UK and evaluated by Cass Business School (Centre for Charity Effectiveness). Twenty-six UK hospices participated in the programme to increase access for individuals, groups or communities previously underrepresented in their patient profile. (Published 2012)

 Widening access to palliative care for people with learning disabilities -Guidance and resources

The aim of this publication is to share some of the thinking, good practice and resources that have been developed throughout learning disability and end of life care services in a form that is accessible to all practitioners but especially those working in hospice settings. Author: Linda McEnhill. (Published 2013)

### Falls toolkit

Our falls toolkit is designed as a template to be adapted and used to support your hospice practice. In addition to the PDF version of the complete toolkit you are invited to access editable versions of the 'Falls prevention and management care plan' and 'Clinical incident report for falls and other incidents' templates.

https://www.hospiceuk.org/what-we-offer/clinical-and-care-support/clinical-resources

#### Courses

Strategic Leadership Programme

It is a bespoke and proven leadership programme created in partnership between Hospice UK and The Westcott Group. Since launching in 2016, the programme has been highly evaluated by over 70 hospice leaders.

 MSc in Voluntary Sector Management with Hospice Leadership and Management

Hospice UK is collaborating with Cass Business School on the Hospice Leadership and Management module for the renowned Cass MSc in Voluntary Sector Management.

#### Miscellaneous

Health Education England's e-Learning for Healthcare (HEE e-LfH) programme <a href="https://www.e-lfh.org.uk/">https://www.e-lfh.org.uk/</a>